

Daily Learning Planner

*Ideas parents can use to help students
do well in school*

Onalaska Elementary School



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Parents Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Start a healthy habit with your child, such as drinking plenty of water.
- 2. Does your child study well with others? If so, let her start a study group.
- 3. Talk about ways your family can do something for others this month.
- 4. Limit interruptions during your child's homework time.
- 5. Let your child "overhear" you talking positively about him.
- 6. Look online for a list of festive events. Plan to attend one as a family.
- 7. Help your child collect gently-used clothing she no longer wears to donate to charity.
- 8. Write your child's name in a vertical column. Have him use each letter to begin a line of a poem.
- 9. Test observation skills. Can your child describe someone that just passed by on the street? Challenge each other.
- 10. Talk with your child about a choice you have made. Then talk about the consequences.
- 11. Suggest that you and your child exchange surprise good deeds. Do unexpected favors for each other.
- 12. Limit drinks with caffeine at night. They can deprive your child of needed sleep.
- 13. React calmly if your child brings home a bad grade. Ask what she thinks she can do to improve it.
- 14. Tell a story with your child. Take turns adding sentences.
- 15. Bake cookies together. Have your child calculate what you would need to double the recipe.
- 16. Teach your child to read the utility meters and determine the amount of water and electricity your family uses each month.
- 17. Show your child stress-relieving techniques, such as deep breathing.
- 18. Encourage your child to ask *who, what, when, where, why* and *how* when doing research.
- 19. Ask your child to record "A day in the life of our family." He can take or draw pictures, or write down what he observes.
- 20. Challenge your child to plan and schedule a fun family evening.
- 21. Ask your child what three autographs she would like to collect if she could. Why would she choose those?
- 22. Have your child talk to older relatives about their childhood days.
- 23. Respect your child's privacy. It fosters self-esteem and independence.
- 24. Ask family members to write down two positive things about each member of the family.
- 25. Write your child a letter about his most admirable qualities.
- 26. Share stories that convey your family's values and history.
- 27. Talk with your child about her priorities.
- 28. Look for a skill you and your child can learn together. It's a fun way to get to know your child on a new level.
- 29. Help your child organize his room.
- 30. Ask your child for advice about a problem or decision you are facing.
- 31. Help your child set—and write down—goals for the coming year. Set some for yourself as well.

Helping Students Learn®

Tips Families Can Use to Help Students Do Better in School

